

Gabrielle Hayward- Art Therapy, Psychotherapy & IFS

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Rates & Payment for Services

- I accept Vermont Medicaid and Blue Cross health insurance. For those without this coverage, I offer self-pay rates on a sliding scale as outlined below.
- If you have an HSA as part of your insurance plan you can use those funds to pay for services.
- An additional reduction is offered when paying for blocks of 6 sessions.
- Sessions are available in 1-hour and 90-minute timeframes and can be scheduled weekly, bi-weekly or monthly.

Tier	Annual Combined Household Income	Hourly Rate	Block of 6 Total	Block of 6 (per visit)	90 Minute Rate	Block of 6 Total	Block of 6 (per visit)
1	100k+	130	690	115	190	1,080	180
2	90-100k	115	630	105	150	840	140
3	80-90k	100	540	90	130	720	120
4	70-80k	85	480	80	120	660	110
5	60-70k	80	450	75	110	600	100

If your income is below that of tier 5 above, but you do not qualify for Medicaid, please contact me to discuss what may be possible for services through me or referrals to accessible mental health care.

Payment is due at or prior to the time of service.

Payment methods accepted include online payment methods, personal check, cash and all major credit cards. If paying by check, please make the note payable to **'Creative Wellness, PLC.'**

Please contact me with any questions.